



ONE DAY ONE DANCE HOW-TO GUIDE

ONE DAY ONE DANCE uses the beauty and strength of dance to raise awareness and increase observance of Peace Day 21 September. From street dance to ballet, this initiative highlights the ability of dance to creatively and meaningfully bring people together, breaking down social and cultural barriers whilst building self-esteem in a positive and energetic celebration of peace.

We are calling on the world of dance to stand together in the name of peace. If dance is a part of your life and you are passionate about inspiring peace within your community, then one of the simplest and most enjoyable ways to mark Peace Day is to organise a One Day One Dance event.

THREE SIMPLE STEPS TO ONE DAY ONE DANCE:

- 1** Decide whether you would like to choreograph a Peace Day performance or flash mob, or to simply dedicate your weekly dance class to Peace Day 21 September.
- 2** Registration is easy. Just let us know how many dances you are planning, where they will take place and roughly how many people will be involved by sending an email to dance@peaceoneday.org
- 3** Most importantly, enjoy yourself and take photos and videos so we can share your Peace Day events with our supporters to inspire others to take action for Peace Day!



For more detailed information and for ideas of how to make the most out of your One Day One Dance event, please see below.

HOW TO GET INVOLVED

To help organise your One Day One Dance event, here is a step-by-step checklist:

1. Identify your potential participants and supporters.
2. Decide what size and type of event is most appropriate for you and a potential location.
3. Decide if you wish to combine your One Day One Dance event with other Peace Day activities, such as a **One Day One Goal** celebration or a film screening of *The Day After Peace*.
4. Invite friends, family, colleagues, or anyone else to get involved.
5. Encourage those who may not want to participate to watch and celebrate the day with you.
6. Please email dance@peaceoneday.org to register your interest and to let us know how many dances you are planning, where they will take place and how many people will be involved.
7. Draw, paint or print a One Day One Dance poster, banner or even make T-shirts.
8. Keep the participants informed of any developments. Communication is important. You can use email, letters or utilise dedicated social media groups on Facebook to communicate easily between participants and spectators.
9. Use social and digital media to make some noise about your event and keep us informed so we can share your plans via our social and digital media channels.
10. Most importantly, have fun and take photos so we can share your Peace Day events with our supporters and inspire others to take action for Peace Day!

YOUR ONE DAY ONE DANCE EVENT

A One Day One Dance event can be a small gathering in your community or a professional performance on stage. From *folk dance* to *tap*, from *contemporary* to *ballroom* and *salsa*, your event can be of any style, size and level. Anything that can raise awareness for Peace Day would be truly welcome, so please choose whichever way suits you best! Here are some further ideas you could incorporate into your event:



- Dedicate your weekly class to raising awareness of the day by making a One Day One Dance poster with your group's name and the 'in support of Peace One Day' logo.
- Wear white during your performance or class in a stand for peace.

- Join forces with a local dance group and introduce one another to your dance styles in a positive and fun way to promote unity and cooperation.
- Collaborate with a local music group for a live performance.
- A minute of silence, or a speech by a participant, prior to the dance to reflect on the theme, 'Who Will You Make Peace with?'



- Check out the [2014 Facebook Album](#) to see our supporters' wonderful events last year.

WHO WILL **YOU** MAKE PEACE WITH?

CONTACT US

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